

The Stretch Solution: Level 1: In-Studio Flexibility Training

Instructor Pricing:

- 8 -10 instructors: \$225 p/person
- 11 - 14 instructors: \$210 p/person
- 15 - 19 instructors: \$195 p/person
- 20 - 25 instructors: \$180 p/person
- 25 + contact info@muvmethod.com for package pricing

***minimum of 8 instructors

Instructor Training Includes:

- 6 hours of live instruction
- A set of mUvBands
- Level 1 Certification
- Unlimited online access to The Stretch Solution + Our Weekly Stretch Curriculum

Additional Fees:

**If you choose to add a workshop for your dancers, they will need a set of mUvbands. See our [wholesale pricing sheet](#).

We do not sell mUvBands directly to dancers for our In-Studio training as some studios prefer to purchase the bands themselves and keep them at their studio. While others prefer to purchase the bands at wholesale pricing and re-sale the bands for retail, \$34.95, to their students.

*Travel Fees May Apply

**We Now Offer Live Virtual Trainings

